

# Cutting Edge Interventions in Trauma Informed and Therapeutic Parenting for Looked After Children

For foster carers, kinship carers and adoptive parents

Monday 27 January 2025 - 9.30am to 4.00pm



## Lisa Cherry

Lisa was in foster care from age 13. Now Director of Trauma Informed Consultancy Services. Worked in Education, Children's Services, Social work, Probation, Adult Services for over 30 years. Author of *The Brightness of Stars: Stories from Care Experienced Adults to Inspire Change*. Researcher, leading international trainer and consultant. Doctorate research: University of Oxford. "How do care experienced adults who were also excluded from school make sense of belonging?"

## Dr Margot Sunderland

Director of Certificate in Therapeutic Skills for Foster Carers (Trauma Informed Communities UK). Child and adult psychotherapist for over 30 years: extensive experience with looked after children in residential care. Over 20 published books on child mental health including *The Science of Parenting* (first prize winner in British Medical Book awards) Director of Education and Training: Centre for Child Mental Health. Director of Innovation and Research: Trauma Informed Schools UK.

## Dr Dan Hughes

Internationally acclaimed Clinical Psychologist. Founder of Dyadic Developmental Psychotherapy. Originator of PACE used by practitioners/parents all over the world. Decades of ground-breaking profoundly moving therapeutic interventions with fostered and adopted children and their families. Prolific author including *'Building the Bonds of Attachment'*; *'Healing Relational Trauma'*; *'Attachment Focused Family Therapy'*; *'Attachment Focused Parenting'*; *'Brain Based Parenting'*.

## Jay Vaughan MBE

CEO of Family Futures CIC: Voluntary Adoption Agency and Independent Fostering Agency. Provides assessment/treatment for traumatised children placed in foster families, adoptive families or kinship care. Provision includes Neuro-physiological Psychotherapy, Theraplay, DDP and Somatic Therapy. State Registered Dramatherapist, Dyadic Developmental Psychotherapist, Theraplay Practitioner, Supervisor and Trainer, Somatic Experience Practitioner. 30 years of therapeutic work with traumatised children and their families. Author of books/articles in the field.

## Aliyah Ali

Child in residential care, permanent exclusion from school, county lines, ended up in Holloway Prison aged 18. Said it was the first time she felt safe. Now breath-taking work as Founding Director of Daddyless Daughters, a trauma informed organisation, supporting girls and young women impacted by childhood adversity. Passionate about preventing criminal and sexual exploitation.

Cost: £82.50



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